



WEEK 1

Menu created by Lindsay
at Broomhill Nursery



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed
Rice, Weetabix or
Multigrain Hoops

MORNING SNACK

Toast & Low Sugar Jam

LUNCH

Chicken & Banana Korma
With Rice & Naan Bread

DESSERT

Fresh Fruit

AFTERNOON SNACK

Cream Cheese & Crackers

TEA

Sandwiches

Cheese / Ham Salad



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed
Rice, Weetabix or
Multigrain Hoops

MORNING SNACK

Crumpets

LUNCH

Chicken Carbonara with
Garlic Bread

DESSERT

Fromage Frais & Strawberries

AFTERNOON SNACK

Ginger Biscuits

TEA

wraps

Tuna Sweetcorn

Cheese & Tomato



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice,
weetabix or Multigrain Hoops

MORNING SNACK

Fresh Fruit Platter

LUNCH

Salmon with Vegetable Rice

DESSERT

Blueberry Muffins

AFTERNOON SNACK

Melon Medley

TEA

Cold Pasta & Vegetables



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed
Rice, Weetabix or
Multigrain Hoops

MORNING SNACK

Toast & Scrambled Eggs

LUNCH

Broccoli & Cauliflower
Cheese Bake

DESSERT

Fresh Fruit

AFTERNOON SNACK

Humous, Breadsticks
& Mixed Olives

TEA

Bagels

Tuna & Sweetcorn
Cheese & Cucumber



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed
Rice, Weetabix or
Multigrain Hoops

MORNING SNACK

Sliced Fruit & Yoghurt

LUNCH

Moussaka with Green Beans

DESSERT

Banana Loaf

AFTERNOON SNACK

Fresh Fruit

TEA

Sandwiches

Chicken & Cucumber

Cheese & Tomato



DF - Dairy Free V - Vegetarian GF - Gluten Free

Elmore Kindergarten can provide for the above food tolerances and the nurseries are nut free. If your child has an allergy towards certain ingredients that can't be avoided through one of the above groups, we recommend you provide food for your child's day.



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Wholemeal Toast with Honey

LUNCH

Spaghetti Bolognese

DESSERT

Fresh Fruit

AFTERNOON SNACK

Pitta, dip and vegetable sticks

TEA

Sandwiches
Chicken & Cucumber
Cheese & Tomato



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Toasted Brioche & Fruit

LUNCH

Vegetable Chilli with Rice

DESSERT

Melon Medley

AFTERNOON SNACK

Lemon Slices

TEA

Cold Vegetable Pasta



WEEK 2

Menu created by Lindsay
at Broomhill Nursery



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, weetabix or Multigrain Hoops

MORNING SNACK

Sliced Fruit

LUNCH

Homemade Fish Cakes with Wedges
& Garden Peas

DESSERT

Low Fat Strawberry Yoghurt

AFTERNOON SNACK

Cream Cheese,
Cucumber & Crackers

TEA

Bagels
Tuna & Sweetcorn
Cheese & Cucumber



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Crumpets & low sugar Jam

LUNCH

Toad in the hole with
mixed vegetables

DESSERT

Fresh Fruit

AFTERNOON SNACK

Vegetable Platter & Houmous

TEA

Sandwiches
Cheese / Ham Salad



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Fresh Fruit

LUNCH

Roast Chicken with Mashed Potatoes, Vegetables, Stuffing
& Yorkshire Puddings

DESSERT

Frozen Yoghurt and Fruit

AFTERNOON SNACK

Cheese & Biscuits

TEA

wraps

Tuna & Sweetcorn
Cheese & Tomato



DF - Dairy Free V - Vegetarian GF - Gluten Free

Elmore Kindergarten can provide for the above food tolerances and the nurseries are nut free. If your child has an allergy towards certain ingredients that can't be avoided through one of the above groups, we recommend you provide food for your child's day.



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Toast & low sugar Jam

LUNCH

Sizzling Sausages with Mash & Peas

DESSERT

Fruit Salad

AFTERNOON SNACK

Cheese & Crackers

TEA

Sandwiches
Cheese & Cucumber
Tuna & Sweetcorn



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Fresh Fruit

LUNCH

Vegetable Lasagne with Garlic Bread

DESSERT

Chocolate Chip Banana Loaf

AFTERNOON SNACK

Mediterranean Platter, Humous, Vegetable Sticks & Olives

TEA

Bagels
Cheese & Tomato
Chicken Salad



WEEK 3

Menu created by Lindsay
at Broomhill Nursery



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Sultana Flapjacks

LUNCH

Fabulous Fish Pie with Broccoli

DESSERT

Fruit Platter

AFTERNOON SNACK

Sliced Apples & Cheese Cubes

TEA

Cold Vegetable Pasta



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Melon Medley

LUNCH

Cheese & Tomato Quiche with new Potatoes & Beans

DESSERT

Fromage Frais & Strawberries

AFTERNOON SNACK

Ginger Biscuits

TEA

Sandwiches
Ham & Tomato / Cucumber
Tuna & Sweetcorn



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Porridge & Honey

LUNCH

Chicken & Vegetable Pasta

DESSERT

Fruit Smoothies

AFTERNOON SNACK

Melon Platter

TEA

wraps
Tuna & Sweetcorn
Cheese & Tomato



DF - Dairy Free V - Vegetarian GF - Gluten Free

Elmore Kindergarten can provide for the above food tolerances and the nurseries are nut free. If your child has an allergy towards certain ingredients that can't be avoided through one of the above groups, we recommend you provide food for your child's day.



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Fruit Salad

LUNCH

Creamy Salmon & Broccoli Linguine

DESSERT

Low Fat Yoghurt

AFTERNOON SNACK

Banana Loaf

TEA

Sandwiches
Chicken & Tomato
Egg Salad



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Toast & Boiled Eggs

LUNCH

Chicken Korma with Rice

DESSERT

Fresh Fruit Platter

AFTERNOON SNACK

Pittas, Hummous and Vegetable

Sticks

TEA

Bagels
Cheese & Tomato
Chicken Salad



WEEK 4

Menu created by Lindsay
at Broomhill Nursery



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, weetabix or Multigrain Hoops

MORNING SNACK

Crumpets with Butter

LUNCH

Pasta & Vegetable Sauce

DESSERT

Banana & Custard

AFTERNOON SNACK

Sliced Apples & Cheese Cubes

TEA

wraps
Tuna & Sweetcorn
Cheese & Tomato



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Fresh Fruit

LUNCH

Quesadilla, rice, and sweetcorn

DESSERT

Melon Medley

AFTERNOON SNACK

Cream Cheese & Breadsticks

TEA

Cold Vegetable Pasta



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Cinnamon Toast & Banana

LUNCH

Chicken Chasseur with Mash

DESSERT

Oat & Raisin Cookies

AFTERNOON SNACK

Fresh Fruit Platter

TEA

Sandwiches
Ham & Tomato / Cucumber
Tuna & Sweetcorn



DF - Dairy Free V - Vegetarian GF - Gluten Free

Elmore Kindergarten can provide for the above food tolerances and the nurseries are nut free. If your child has an allergy towards certain ingredients that can't be avoided through one of the above groups, we recommend you provide food for your child's day.