

BREAKFAST (8am - 9am) Choice of Cereals, Cornflakes,

Puffed Rice, Weetabix, or Multigrain Hoops

MORNING SNACK

Fruit

LUNCH Vegetable Chilli & Rice

DESSERT

Ice Cream and Wafers

AFTERNOON SNACK

Breadsticks and hummus

TEA

Thins

Egg, Ham, cheese Served with salad sticks.



WEEK



BREAKFAST (8am - 9am)

Choice of Cereals, Cornflakes, Puffed Rice, Weetabix, or Multigrain

Hoops

MORNING SNACK

Fruit

LUNCH

Broccoli and Cauliflower Bake

DESSERT

Yoghurt

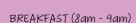
AFTERNOON SNACK

Cheese & Apples

TEA

Sandwiches

Ham, chicken, cheese



Menu created by Joey at Middlewood Nursery

Choice of Cereals, Cornflakes,

Puffed Rice, Weetabix, or Multigrain Hoops

MORNING SNACK

Beans on Toast

LUNCH

Spaghetti Bolognese

DESSERT

Fruit

AFTERNOON SNACK

Ginger Biscuits

TEA

Wraps:

Tuna, Ham, Cheese



BREAKFAST (8am - 9am)

Choice of Cereals, Cornflakes,

Puffed Rice, Weetabix, or Multigrain Hoops

MORNING SNACK

Toasted Bagels

LUNCH

Herby Fish Fingers with Chinese

Style Rice

DESSERT

Oat & Raisin Biscuits

AFTERNOON SNACK

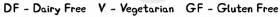
Fruit

TEA

Vegetable pasta with Cheese

Sauce





Elmore Kindergarten can provide for the above food tolerances and the nurseries are nut free. If your child has an allergy towards certain ingredients that can't be avoided through one of the above groups, we recommend you provide food for your child's day.





BREAKFAST (8am - 9am)

Choice of Cereals, Cornflakes,

Puffed Rice, Weetabix, or

Multigrain Hoops

MORNING SNACK

Crumpets

LUNCH

Chicken Dinner

DESSERT

Flapjack

AFTERNOON SNACK

Fruit

TEA

Quesadillas

Served with salad sticks.





BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, weetabix or Multigrain Hoops

MORNING SNACK

Fruit

LUNCH

Chicken Korma

DESSERT

Sponge Cake and Custard

AFTERNOON SNACK

Cheese Twists & Apples

TEA

Pizza Pinwheels



WEEK



Menu created by Joey at Middlewood Nursery



BREAKFAST (8am - 9am)

BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed

Rice, weetabix or Multigrain

Hoops

MORNING SNACK

Healthy Pancakes and Fruit

LUNCH

Vegetable Soup

DESSERT

Melon Medley

AFTERNOON SNACK

Rice Krispie Buns

TEA

Tuna Pasta Salad

Choice of Cornflakes, Puffed Rice, weetabix or Multigrain Hoops

MORNING SNACK

Cinnamon Toast

LUNCH

Cottage Pie and Vegetables

DESSERT

Satsuma Jelly

AFTERNOON SNACK

Fruit

TEA

Sandwiches Ham, chicken, cheese Salad sticks



BREAKFAST (8am - 9am) Choice of Cornflakes, Puffed

Rice, weetabix or Multigrain

Hoops

MORNING SNACK

Fruit

LUNCH

Tuna Pasta Bake

DESSERT

Fruit

AFTERNOON SNACK

Vegetable Sticks and Tzatziki

TEA

Wraps

Tuna, Ham, Cheese



BREAKFAST (8am - 9am) Choice of Cornflakes, Puffed Rice, weetabix or Multigrain

MORNING SNACK

Scrambled Eggs and Toast

LUNCH

Chicken Casserole with Mash and Vegetables

DESSERT

Fromage Frais

AFTERNOON SNACK

Yoghurt

TEA

Thins - Chicken, Cheese, Quorn





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BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix, or Multigrain

Hoops

MORNING SNACK

Fruit

LUNCH

Macaroni Cheese with Peas and

Sweetcom

DESSERT

Rice Pudding

AFTERNOON SNACK

Yoghurt

TEA

Thins

Egg, Ham, cheese Served with salad sticks.



WEEK



Menu created by Joey at Middlewood Nursery



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, weetabix, or Multigrain Hoops

MORNING SNACK

Toast with Low Sugar Jam

LUNCH

Mince Beef Cobbler

DESSERT

Fruit

AFTERNOON SNACK

Raspberry Cookies TEA

Pitta Pockets Ham, Cheese, and Salad



BREAKFAST (8am - 9am) Choice of Cornflakes, Puffed Rice,

Weetabix, or Multigrain Hoops MORNING SNACK

Fruit

LUNCH

Spanish Chicken

DESSERT

Yoghurt

AFTERNOON SNACK

Fruit Fritters

TEA

Sandwiches

Ham, chicken, cheese Salad sticks



BREAKFAST (8am - 9am) Choice of Cornflakes, Puffed

Rice, Weetabix, or Multigrain

Hoops

MORNING SNACK

Brioche

LUNCH

Fish & Mash Potatoes with Parsley Sauce

DESSERT

Banana Muffin

AFTERNOON SNACK

Celery & Cream Cheese

TEA

Wraps -Tuna, Ham, Cheese



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix, or Multigrain

Hoops

MORNING SNACK

Fruit

LUNCH

Jacket Potatoes

DESSERT

Apple Pie and Custard

AFTERNOON SNACK

Apricot & Raspberry Tarts

TEA

Vegetable Cous Cous



DF - Dairy Free V - Vegetarian GF - Gluten Free

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BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, weetabix or Multigrain

Hoops

MORNING SNACK

Fruit Smoothies

LUNCH

Chicken & Leek Pie

DESSERT

Apple Slices

AFTERNOON SNACK

Vegetable Fritters with Lemony

Cucumber Dip

TEA

Thins

Egg, Ham, cheese Served with salad sticks



WEEK



Menu created by Joey at Middlewood Nursery



Choice of Cornflakes, Puffed BREAKFAST (8am - 9am) Rice, Weetabix or Multigrain Choice of Cornflakes, Puffed Rice,

BREAKFAST (8am - 9am)

Hoops

MORNING SNACK

Toasted Teacakes

LUNCH

Vegetable Biryani

DESSERT

Fruit

AFTERNOON SNACK

Crackers with Cheese Spread

and Cucumber

TEA

Pizza Pinwheels

Weetabix or Multigrain Hoops

MORNING SNACK

weetabix Trifle

LUNCH

Sausages & Mash

DESSERT

Bananas & Custard

AFTERNOON SNACK

Rice Cakes and Fruit

TEA

Cheese Pasta Salad



BREAKFAST (8am - 9am) Choice of Cornflakes, Puffed

Rice, Weetabix or Multigrain Hoops

MORNING SNACK

Fruit

LUNCH

Pitta Pizzas & Beans

DESSERT

Jam Tarts

AFTERNOON SNACK

Breadsticks and Hummus

TEA

Wraps Tuna, Ham, Cheese



BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain

Hoops

MORNING SNACK

Boiled Eggs & Toast

LUNCH

Fish Pie

DESSERT

Fruit

AFTERNOON SNACK

Homemade Cheese Scones with

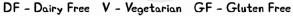
Butter

TEA

Sandwiches

Ham, chicken, cheese Salad sticks





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