



BREAKFAST (8am - 9am)  
Choice of Cornflakes, Puffed  
Rice, Weetabix or Multigrain  
Hoops

MORNING SNACK  
Crumpets

LUNCH  
Tuna Pasta Bake  
with Sweetcorn

DESSERT  
Fresh Fruit

AFTERNOON SNACK  
Homemade Nachos  
& Sour Cream

TEA  
Sandwiches



BREAKFAST (8am - 9am)  
Choice of Cornflakes, Puffed  
Rice, Weetabix or Multigrain  
Hoops

MORNING SNACK  
Bananas & Porridge

LUNCH  
Chicken & Leek Bake  
with New Potatoes

DESSERT  
Fruit Platter

AFTERNOON SNACK  
Breadsticks & Humous

TEA  
Bagels



# WEEK 1

Menu created by Lindsay  
at Broomhill Nursery



BREAKFAST (8am - 9am)  
Choice of Cornflakes, Puffed Rice,  
Weetabix or Multigrain Hoops

MORNING SNACK  
Brioche & Fresh Fruit

LUNCH  
Vegetable Stew & Crusty Rolls

DESSERT  
Melon Platter

AFTERNOON SNACK  
Ginger Biscuits

TEA  
Sandwich Selection



BREAKFAST (8am - 9am)  
Choice of Cornflakes, Puffed  
Rice, Weetabix or Multigrain  
Hoops

MORNING SNACK  
Toast

LUNCH  
Meat & Potato Pie  
with Garden Peas

DESSERT  
Fromage Frais

AFTERNOON SNACK  
Cream Cheese & Crackers

TEA  
Vegetable Pasta



BREAKFAST (8am - 9am)  
Choice of Cornflakes, Puffed  
Rice, Weetabix or Multigrain  
Hoops

MORNING SNACK  
Winter Berry Fruit &  
Yoghurt Pots

LUNCH  
Lasagne & Garlic Bread

DESSERT  
Lemon Sponge Cake

AFTERNOON SNACK  
Fresh Fruit  
TEA  
Cheese & Ham Pittas



DF - Dairy Free V - Vegetarian GF - Gluten Free

Elmore Kindergarten can provide for the above food tolerances and the nurseries are nut free. If your child has an allergy towards certain ingredients that can't be avoided through one of the above groups, we recommend you provide food for your child's day.





**BREAKFAST (8am - 9am)**  
Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

**MORNING SNACK**  
Toast

**LUNCH**  
Chilli Con Carne with Brown Rice

**DESSERT**  
Fromage Frais  
**AFTERNOON SNACK**

Banana Loaf  
**TEA**  
Ham & Cheese Pittas



**BREAKFAST (8am - 9am)**  
Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

**MORNING SNACK**  
Crumpets

**LUNCH**  
Chicken Chasseur with Root Vegetable Mash

**DESSERT**  
Carrot Cake

**AFTERNOON SNACK**  
Fresh Fruit

**TEA**  
Sandwich Selection



# WEEK 2

Menu created by Lindsay  
at Broomhill Nursery



**BREAKFAST (8am - 9am)**  
Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

**MORNING SNACK**  
Boiled Eggs on Toast

**LUNCH**  
Fish Pie & Broccoli

**DESSERT**  
Fresh Fruit

**AFTERNOON SNACK**  
Homemade Nachos & Sour Cream

**TEA**  
Vegetable Pasta



**BREAKFAST (8am - 9am)**  
Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

**MORNING SNACK**  
Fruit & Yoghurts

**LUNCH**  
Cheese, Onion & Potato Pie with Baked Beans

**DESSERT**  
Melon Platter

**AFTERNOON SNACK**  
Breadsticks & Hummus

**TEA**  
Bagels



**BREAKFAST (8am - 9am)**  
Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

**MORNING SNACK**  
Porridge & Low Sugar Jam

**LUNCH**  
Pitta Pizzas with Wedges & Salad

**DESSERT**  
Fresh Fruit Platter

**AFTERNOON SNACK**  
Rich Tea Biscuits

**TEA**  
Sandwich Selection



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#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix, or Multigrain Hoops

#### MORNING SNACK

Toast

#### LUNCH

Creamy Salmon Pasta

#### DESSERT

Fresh Fruit

#### AFTERNOON SNACK

Shortbread Squares

#### TEA

Sandwich Selection



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix, or Multigrain Hoops

#### MORNING SNACK

Fresh Fruit Bowl

#### LUNCH

Chicken Curry with Rice & Naan Breads

#### DESSERT

Carrot Cake

#### AFTERNOON SNACK

Homemade Nachos & Humous

#### TEA

Bagels



# WEEK 3

Menu created by Lindsay  
at Broomhill Nursery



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix, or Multigrain Hoops

#### MORNING SNACK

Porridge & Low Sugar Jam

#### LUNCH

Minced Beef Stew & Yorkshire Puddings

#### DESSERT

Oat & Raisin Cookies

#### AFTERNOON SNACK

Breadsticks & Cream Cheese

#### TEA

Sandwich Selection



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix, or Multigrain Hoops

#### MORNING SNACK

Crumplets

#### LUNCH

Quiche with New Potatoes & Beans

#### DESSERT

Melon Platter

#### AFTERNOON SNACK

Cheese & Crackers

#### TEA

Cheese & Ham Pittas



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix, or Multigrain Hoops

#### MORNING SNACK

Scrambled Eggs on Toast

#### LUNCH

Mixed Bean Chilli & Rice

#### DESSERT

Chocolate Chip Banana Loaf

#### AFTERNOON SNACK

Fresh Fruit

#### TEA

Quesadillas



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#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

#### MORNING SNACK

Brioche & Fresh Fruit

#### LUNCH

Sausage Casserole & Mashed Potatoes

#### DESSERT

Shortbread

#### AFTERNOON SNACK

Breadsticks & Cream Cheese

#### TEA

Sandwich Selection



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

#### MORNING SNACK

Porridge & Low Sugar Jam

#### LUNCH

Vegetable Hotpot & Bread Rolls

#### DESSERT

Fresh Fruit

#### AFTERNOON SNACK

Cheese & Biscuits

#### TEA

Quesadillas



# WEEK 4

Menu created by Lindsay  
at Broomhill Nursery



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

#### MORNING SNACK

Toast

#### LUNCH

Spinach & Potato Curry with Rice

#### DESSERT

Melon Platter

#### AFTERNOON SNACK

Ginger Biscuits

#### TEA

Bagels



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

#### MORNING SNACK

Bananas & Apples

#### LUNCH

Cod & Mushroom Stroganoff with Penne Pasta

#### DESSERT

Fromage Frais

#### AFTERNOON SNACK

Banana Loaf

#### TEA

Cheese & Ham Pittas



#### BREAKFAST (8am - 9am)

Choice of Cornflakes, Puffed Rice, Weetabix or Multigrain Hoops

#### MORNING SNACK

Crumpets

#### LUNCH

Meat & Potato Pie with Savoy Cabbage & Peas

#### DESSERT

Fresh Fruit

#### AFTERNOON SNACK

Rich Tea Biscuits & Banana

#### TEA

Pasta



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